



This Cuban Life

Jan 6 – 17, 2019

You want to visit Cuba but you're not looking for a vacation, you're looking for an *experience*. You love to engage, interact, and learn. You aren't afraid of new food, or of talking to strangers. You are friendly, curious, adventurous, open-minded, young-at-heart and *ready for your next adventure*....

If this sounds like you, you may want to consider Gulliver's Travel tour of Cuba. We aim to offer an authentic view of Cuba. A local Cuban guide will help us get around the island with overnight stays at Casas Particulares (guesthouses). This tour is *legal* for US citizens and includes a full itinerary to give you an up close and personal look into the life of Cubans.

- Tour Old Havana
- Enjoy the serene nature reserve of Las Terrazas
- Visit a tobacco farm and the village of Vinales
- Farm-to-fork meal at an organic family run farm
- Swim and snorkel in the Bay of Pigs
- Stay in the UNESCO World Heritage town of Trinidad
- Stop in Santa Clara to see the mausoleum of the iconic Che Guevara



* 11Days/10Nights - Depart SBP - January 6 – returns January 17, 2019

* Rate: \$2995 – per person / double share \$3745 – single

You must obtain a visa to travel to Cuba. Gulliver's will make the arrangements.

The tour price does include the price for a visa to Cuba.

See Registration Form for cancellation details

81 Higuera Street, Ste 150, San Luis Obispo, CA 93401

805-541-4141 www.slogull.com Cst# 20-10100-10

Gulliver's Travel
of San Luis Obispo



The purpose of this itinerary is to give you an idea of the types of activities you will engage in during the tour, however, it may change based on factors such as availability, weather, and to take advantage of spontaneous activities and events. Travel by bus may be long and slow, but scenic. It's Cuba.

January 6th: fly to Havana



We will be flying from SBP (San Luis Obispo).

AA5832	SBPPHX	Departs at 7:10 pm	Arrives at 9:51 pm
A2054	PHXMIA	Departs at 1:10 am (Jan 7 th)	Arrives at 7:42 am
AA1447	MIAHAV	Departs at 9:30 am	Arrives at 10:45 am

January 7th – Day 1

Welcome to Cuba! Today we arrive in Havana and settle into our B&B accommodations. We'll meet the local tour leader and have dinner together at a local paladar (privately owned restaurant). **Meals:** Dinner



January 8th - Day 2: Havana

The best place to start any Cuba experience is in the Old City. In the morning we take a guided walking tour of Old Havana. In addition to visiting historical sites, we will learn about the impact of the dual-currency economy by visiting commercial centers, where goods are purchased in CUC, and ration or peso stores, where goods are purchased in CUP. We end our day with a visit the fishing village of Jaimanitas and the home of the famous artist Jose Fuster. Fuster has made his entire home, and much of the surrounding

neighborhood, into an artwork using tiles in mosaic forms. **Meals:** Breakfast, Lunch



January 9th - Day 3 : Viñales (via Las Terrazas)

Viñales is situated in one of the most picturesque parts of Cuba, among the limestone pincushion hills ("mogotes") of the Pinar del Rio province. On the way to Viñales we visit in the community of Las Terrazas where we will meet up with our local community leader who will share with us some insight into how the local society works. We will reach Viñales in time to tour an organic farm and learn about sustainable farming in Cuba. Here we meet our local farmer and his family who will show us around the organic farm and explain to us the methods used to cultivate crops without the use of pesticides. With the beautiful sunset as our backdrop, we will enjoy a deliciously fresh and diverse meal prepared by the family, a truly authentic farm-to-fork experience! **Meals:** Breakfast, Lunch, Dinner

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January 10th - Day 4: Viñales

Today we spend the morning learning the tradition of Cuban cigars from a farmer and expert cigar maker. Get an insight as to how the communist system works, how much tobacco they will keep, how much produce they give back to the government, how they make ends meet! You will learn about the process from tobacco planting to rolling the final cigar. In the afternoon we learn to cook Cuban-style with a cooking demonstration of 'platos tipicos'. Cubanos like congri (black

beans & rice), potaje (vegetables & legumes), garbanzo soup, ajiaco (meat & potatoes), and flan. Fun to cook, but even better to eat! **Meals:** Breakfast, Lunch



January 11th & 12th - Day 5 & 6: Cienfuegos (via Bay of Pigs) Today we depart for Cienfuegos the “Pearl of the South”, a city founded by the French, which lends it a distinctly European flavor, with a wide Parisian-style boulevard and elegant colonnades. We drive along the picturesque Bay of Pigs where today there is a museum here that recounts the events of this conflict which resulted in the first defeat of a U.S backed take-over in Latin America. Time permitting we will stop for a swim along the way in the vivid turquoise ocean or take a dip in a sink hole which resembles a huge natural tropical fish tank. Make sure to pack your swimsuit! **Meals:** Breakfast

January 13th - Day 7: Trinidad

The colonial city of Trinidad is home to numerous churches and many beautiful colonial buildings. We begin with a cultural tour of Trinidad. The city had some very wealthy residents in the 18th and 19th centuries who made fortunes out of the sugar industry, and some of their houses have been made into museums. Visiting these will give you a fascinating insight into their lifestyle during that time. On the other end of the social scale were the African slaves, who had a profound influence on the city's culture, music, and religious beliefs, and as part of our walk around the town, we drop by an Afro Cuban temple to Yemaya, an important figure in the Santeria religion. In the afternoon we visit a private dance company and learn about the cultural and social importance that dancing has to Cuba, and take a group salsa lesson in their private dance studio. Nightlife in Trinidad is probably the most accessible and intense in all of Cuba, with numerous live music venues and many dance performances every day of the week, all amongst the enchanting setting of old colonial buildings and the cobblestone streets. **Meals:** Breakfast, Lunch





January 14th - Day 8 : Trinidad

Today we will learn about the history of the area and the local industry and biodiversity as we take a short hike to a waterfall outside of the city. On the way we stop in a very simple campesino's home to learn about life in the rural areas of Cuba. After cooling off in the natural pools, we return to Trinidad where you'll have the rest of the afternoon to relax and explore. For dinner tonight we have a special meal (maybe on the beach!) with live music and a delicious array of Cuban specialties. **Meals:** Breakfast, Dinner



January 15th - Day 9: Havana (via Santa Clara)

On the way back to Havana we first pass by Manaca-Iznaga plantation in the Valle de los Ingenios where we will learn more about Cuba's slave trade. A 147 ft tower was built here to look over the slaves as they worked. Continuing onwards, we stop in at the town of Santa Clara, a key city in the Cuban Revolution. Upon entering Santa Clara, we will see the iconic statue of Ernesto Ché Guevara, built to commemorate his death and that of the revolutionaries who died along with him in Bolivia. We will have our lunch at a small family farm near Santa Clara and head back to Havana where we will have some free time to freshen up before our farewell dinner, and of course, one final fun-filled night of music and dancing! **Meals:** Breakfast, Lunch



January 16th - Day 10: Havana

Visit to Hemingway's former residence "La Finca Vigia. Next stop is Cojímar (14km from Havana), where Hemingway was inspired to write "The Old Man and the Sea". A walking tour takes you to Hemingway's statue, made from old anchors, props, and tools salvaged by local fishermen to cast Hemingway's statue. Here, you'll visit the restaurant Las Terrazas, the preferred Cojímar hangout of the author and the late Captain of his boat (Pilar); Gregorio Fuentes (cocktail and lunch included). **Meals:** Breakfast, Lunch, & Dinner



January 17th - Day11: Departure day

Say good-bye to your guide and driver as you head home with your memories (and maybe a cigar or two!). We hope you will return soon!

AA 802O HAVCLT	Departs 1:00pm	Arrives 3:35pm
AA1696O CLTPHX	Departs 5:50pm	Arrives 8:12pm
AA5719O PHXSBP	Departs 9:18pm	Arrives 9:51pm

Included Accommodation

Havana	4 nights Havana Premium B&B
Vinales	2 nights Province Standard B&B
Cienfuegos	2 nights Province Premium B&B
Trinidad	2 nights Province Premium B&B

Included Meals

10	Breakfasts
6	Lunch
4	Dinners

Included Activities

Havana - Walking tour of Old Havana -1/2day by Tour Leader
Havana- Visit to Community Art Project-Fusterlandia
Las Terrazas - entry
Vinales - 1/2 day cultural/scenic trek Vinales -
Orientation Walk
Vinales - Organic farm visit with meal-including tips Bay
of Pigs - Playa Giron Museum inc camera fee Bay of Pigs
-Visit (swimming optional)
Cienfuegos - Walking tour incl. entry to Palacio de Valle Trinidad -
Orientation Walk
Trinidad - Introductory Group Salsa Lesson (1 teacher = 1 pax) Trinidad
- Walk to Salto Javira waterfall inc transport & entrance
Trinidad - *MOMENTS - Dinner set in the gardens of a farm. (including tips)
Santa Clara - Che Guevara Mauseleum & Museum (*Not open on Mondays)
Havana Hemingway tour

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Included in the Price

- Roundtrip air from SBP to HAV (Business/First is available. Call from current price)
- Private transport for included activities
- Airport arrival transfer on Group basis
- Airport departure transfer on Group basis
- Activities
- Meals as listed above (including tips. Not including starters, drinks, or desserts)
- Local guide throughout
- Full itinerary of meaningful activities required to comply with general license for People to People travel OFAC 515.565(b)
- Mandatory medical insurance (approx US\$36 per person) included in airline ticket
- Cuban Tourist Visa (aka Tourist Card) – \$85.00

Not Included in the Price

- Meals not included- 4 lunches, 6 dinners
- Drinks
- Gratuities for guide and optional activities
- Transport for optional activities, unless specified.
- Mandatory Trip cancellation Insurance

Budget For Additional Costs:

Spending money for meals, souvenirs, additional gratuities: US\$300-500

Comprehensive trip cancellation & trip interruption insurance is available through Gulliver's Travel. You may buy it through Gulliver's or another avenue. However, you must provide Gulliver's Travel with proof of purchase.

Cost: FOR \$3000.00 TOUR PRICE

\$115 – 55 years old and under

\$184 – 56 years to 79

\$359 - 80 years and over

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Frequently Asked Questions...

Are your tours only for young/old people?

We welcome travelers of all ages! It is your travel style rather than your age that will determine if our tours are right for you. Our accommodations and modes of transportation are comfortable, but by no means luxurious. Our tours cover a lot of ground and move at a fairly rapid pace, so they are better for a more energetic traveler who can do medium grade physical activity (there's a lot of walking!). If you like to immerse yourself in the culture of a country, from the pretty to the gritty, then we think you'll enjoy our tours whether you are a baby boomer or a millennial.

What is "People-to-People"?

People-to-people is a designation used by the U.S. Office of Foreign Assets Control (OFAC) to refer to travel to Cuba for educational exchanges that don't involve academic study. Simply put, it's to describe travel to Cuba that is for the purpose of learning and engaging with the people of Cuba, to encourage and support the Cuban people and to promote independence from Cuban government authorities. The goal may be that the more Cubans are exposed to the world around them, the more dissatisfied they will become with their current government, and hopefully that dissatisfaction will effect change. These types of educational tours have been around since 2011, but prior to January 16, 2015 a company had to be licensed by OFAC to provide these tours; a long, arduous, and often expensive endeavor. Now these tours can be provided under the general license.

What can I expect from a People-to-People tour?

You can expect a full-time schedule (around 7-8 hours including travel time) of educational exchange activities that will encourage interaction with locals. With President Obama's new changes as of March 2016, this category applies to both individual travel and tours sponsored by an organization. Our tours qualify you under individual travel, which is why we are able to offer them more affordably than we could offer a sponsored tour, which would require us to send a representative from the US to accompany the group. Additionally, by qualifying under individual travel you have more freedom to decline participation in any activity that doesn't interest you, as long as you still maintain the full schedule required by the law. However, we plan these tours so that you'll be having such a great time, there's nowhere else you'd rather be!

What are the entry requirements to Cuba? What is the Visa?

Tourists are required to have a valid passport and a tourist visa to enter Cuba. There is conflicting validity requirements for your passport, some sources say it must be valid for three months beyond your dates of travel and some say it must be valid for six months. To be on the safe side, it is better to renew your passport if it will expire within a year.

The Cuban Visa or Tourist Card is not unique to US travelers, it is required of travelers from around the world. Although it is commonly confused with the [General License](#), which is specific to US travelers, one has nothing to do with the other.

